

PHY 117 HS2024

Week 3, Lecture 1

Oct. 1st, 2024

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Today:

Energy

Energy conservation

Kinetic energy

Potential energy

Work

Please do Quiz #2
on OLAT.

Types of energy:

- work
- kinetic energy
- potential energy → gravitational
- spring

Relationship of force to energy:

$$[N] = \left[\frac{\text{kg} \cdot \text{m}}{\text{s}^2} \right]$$

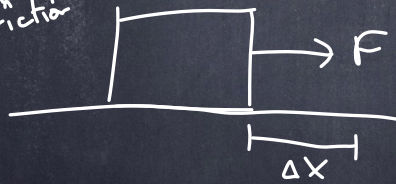
• force

$$[J] = \left[\frac{\text{kg} \cdot \text{m}^2}{\text{s}^2} \right] = [N \cdot \text{m}]$$

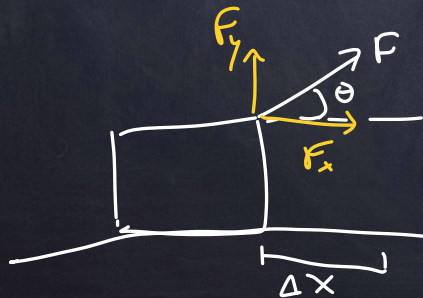
energy "Joules" force · distance

The "work" done by a force is $W = F \Delta x$
(for the case when \vec{F} is in the direction of \vec{x})

ignore friction



$$W = F \Delta x$$



If \vec{F} is not parallel to $\Delta \vec{x}$, we need to find the component of \vec{F} that is parallel.

$$W = F_x \Delta x = (F \cos \theta) \Delta x$$

(so $F_x \parallel \Delta x$)

when the force is in the same direction as the motion, W is (+)

If we have a net force, then we get an acceleration.

$$\sum F_x = ma$$

Remember $v^2 = v_0^2 + 2a\Delta x \Rightarrow a = \frac{v^2 - v_0^2}{2\Delta x}$

$$\text{work} = F_x \Delta x = (ma)\Delta x = m \left(\frac{v^2 - v_0^2}{2\Delta x} \right) \Delta x = \frac{1}{2}mv^2 - \frac{1}{2}mv_0^2$$

The work-energy theorem:

$$W_{\text{TOTAL}} = \frac{1}{2}mv_f^2 - \frac{1}{2}mv_i^2 = K_f - K_i = \Delta K$$

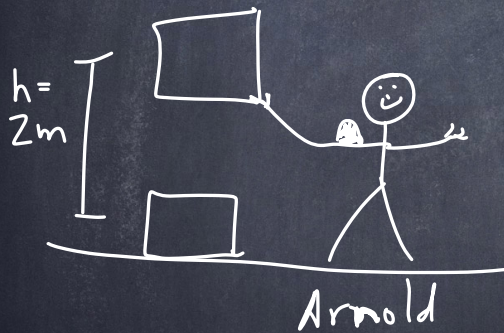
\uparrow final \uparrow initial

$$K = \frac{1}{2}mv^2 = \text{kinetic energy}$$

is the kinetic energy of movement

- Notes:
- K is a scalar, no direction
 - K is always positive or zero
 - ΔK can be negative (if object slows down)
 - consider each force separately, and ^{it} the work it does.

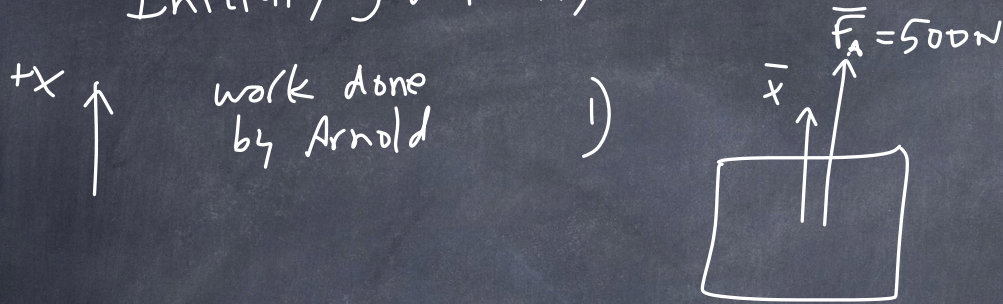
Example:



Arnold lifts a 5kg block to $h = 2\text{m}$, let's go, using 500 N of force.

- 1) what is the work done by Arnold?
- 2) what is the work done by gravity?
- 3) what is the final velocity of the block when he lets go?

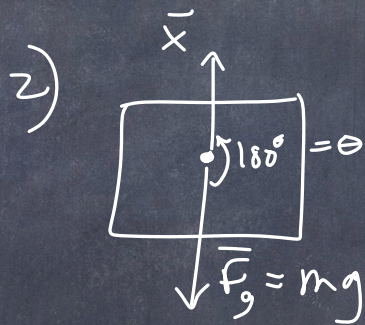
There are 2 forces at work, Arnold + gravity.
Initially, velocity is zero.



$$W_A = F_A \cos \theta \Delta x = F_A \Delta x$$

$$= (500 \text{ N})(2 \text{ m})$$

$$= 1000 \text{ J}$$



$$W_g = F_g \cos(180^\circ) \Delta x = (mg)(-1) \Delta x$$

$$= -(5 \text{ kg}) \left(10 \frac{\text{m}}{\text{s}^2} \right) (2 \text{ m})$$

$$= -100 \text{ J}$$

3) $W_{\text{TOTAL}} = W_A + W_g = 1000 \text{ J} - 100 \text{ J} = 900 \text{ J}$

$$W_{\text{TOTAL}} = \Delta K = \frac{1}{2} m v_f^2 - \frac{1}{2} m v_i^2$$

$$v_f = \sqrt{\frac{2(W_{\text{TOTAL}})}{m}} = \sqrt{\frac{2(900 \text{ J})}{5 \text{ kg}}} = 19 \frac{\text{m}}{\text{s}} \quad \text{up direction}$$

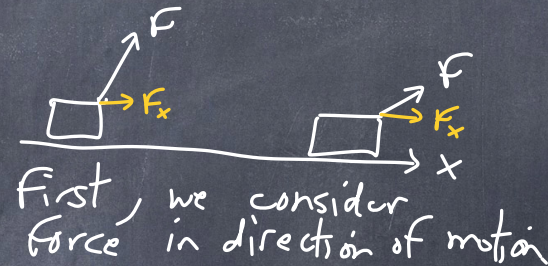
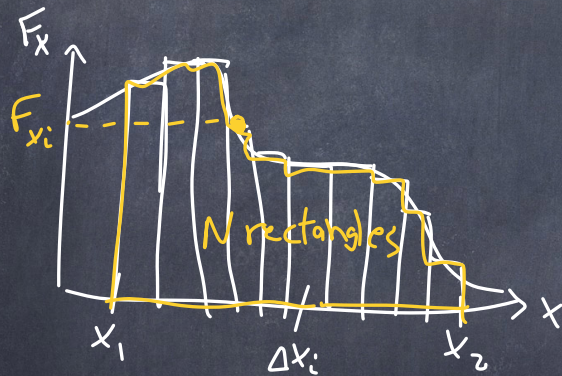
continues up!

so far, we have a constant force.



Area of curve of F vs. x
 $= F \Delta x = \text{work}$

what if our force is changing?



First, we consider force in direction of motion

The total work is

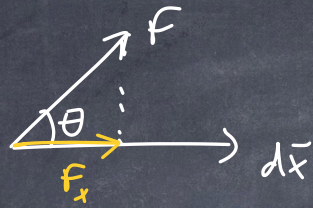
$$W = \sum F_{x_i} \Delta x_i \quad \left. \vphantom{\sum} \right] N \text{ rectangles}$$

As $\lim_{\Delta x_i \rightarrow 0}$

(# rectangles goes to ∞)

$$W = \int_{x_1}^{x_2} F_x dx$$

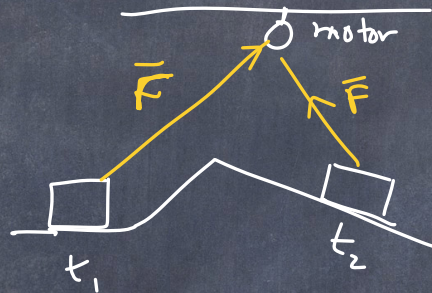
So far, we considered objects moving in x .



$$W = \int_{x_1}^{x_2} F_x dx = \int_{x_1}^{x_2} (F \cos \theta) dx$$

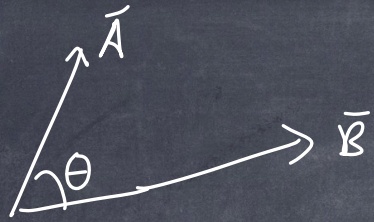
But movement direction can change:

Example:



we want to consider the force in direction of motion.

The "dot product" of force + direction gives us this.



The dot product of $\vec{A} + \vec{B}$ is

$$\vec{A} \cdot \vec{B} = |\vec{A}| |\vec{B}| \cos \theta \quad (\text{It is a scalar quantity})$$

A dot product multiplies the parallel components of 2 vectors.

$$|\vec{A}| = \text{magnitude of } \vec{A} = \sqrt{A_x^2 + A_y^2 + A_z^2}$$

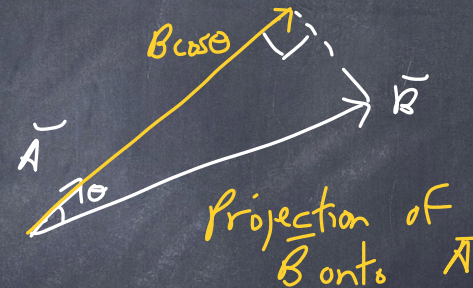
We are projecting one vector onto another

Two ways to think about it:

Projection of \vec{A} onto \vec{B}



$$\vec{A} \cdot \vec{B} = (\underbrace{A \cos \theta}_{\text{magnitude}}) B = AB \cos \theta$$



$$\vec{A} \cdot \vec{B} = (B \cos \theta) (A) = AB \cos \theta$$

Both give the same answer

$$(\text{Also } \vec{A} \cdot \vec{B} = \vec{B} \cdot \vec{A})$$

In 3-D coordinates (x, y, z)

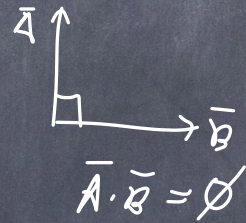
$$\vec{A} = A_x \hat{x} + A_y \hat{y} + A_z \hat{z}$$

$$\vec{B} = B_x \hat{x} + B_y \hat{y} + B_z \hat{z}$$

$$\vec{A} \cdot \vec{B} = A_x B_x + A_y B_y + A_z B_z$$

consider ① $\begin{matrix} \longrightarrow \vec{A} \\ \longrightarrow \vec{B} \end{matrix}$

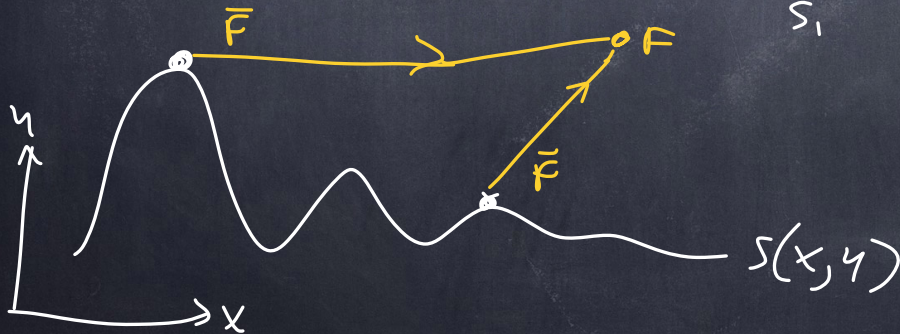
$\vec{A} \cdot \vec{B} = AB$
maximal



So our formula in general is

$$W = \int_{s_1}^{s_2} \vec{F} \cdot d\vec{s}$$

\vec{s} is the path of the object.
 $d\vec{s}$ could be $d\vec{x}$ if object moves only in \hat{x} direction



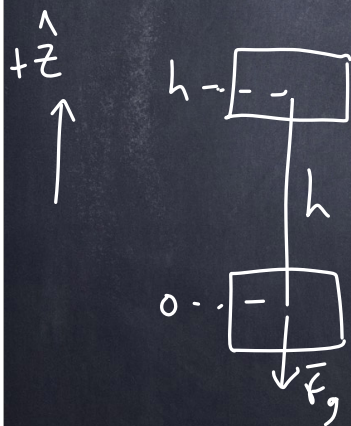
The work done on a system can be stored as potential energy, U .

Potential energy can change $\Delta U = U_f - U_i = U_2 - U_1$

$$-\Delta U = W = \int_{s_1}^{s_2} \vec{F} \cdot d\vec{s}$$

Notice that $\Delta U = -W$

Example: Assume we lift an object of mass, m , to a height, h .



Force of gravity is $F_g = mg$, $\vec{F}_g = -mg \hat{z}$

$$d\vec{s} = dz \hat{z}$$

$$W = \int \vec{F} \cdot d\vec{s}$$

work done by gravity:

$$W = \int_0^h (-mg \hat{z}) \cdot dz \hat{z} = \int_0^h -mg dz$$

$$W = -mgz \Big|_0^h = -mgh$$

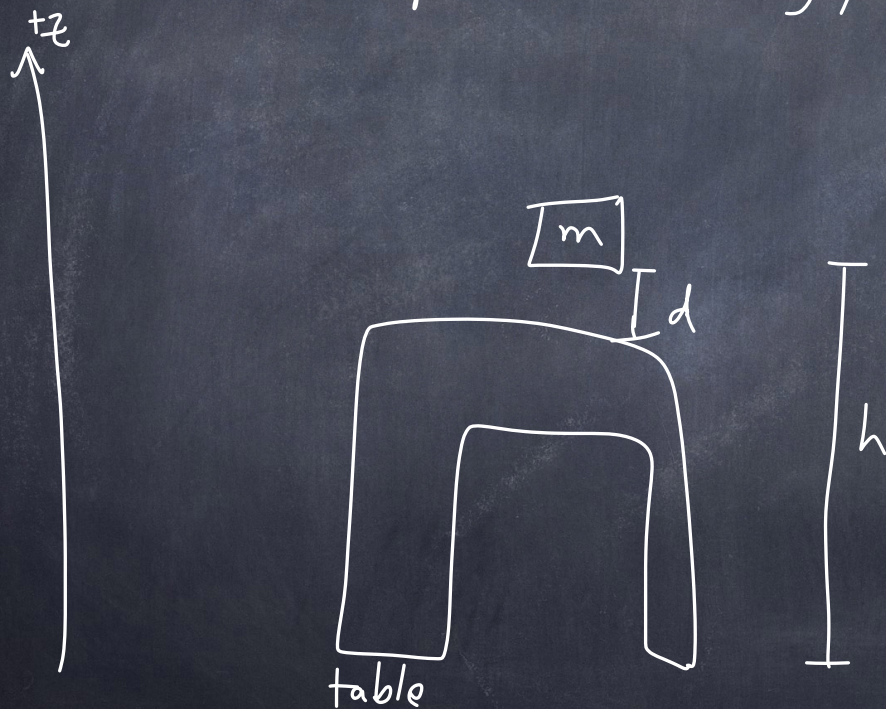
$$\hat{z} \cdot \hat{z} = 1$$

change in potential energy

$$\Delta U = -W = -(-mgh) = mgh$$

In general, gravitational potential energy
is $U = mgz$
↑
height

But potential energy is relative.



$$U = mgz$$

U relative to the floor:
 $U = mgh$

U relative to the table:
 $U = mgd$

conservation of energy

$$E_{\text{before}} = E_{\text{after}}$$

always true.

If we consider all sources of energy, then the sum of energies is conserved, before + after anything happens.

For conservative forces, potential energy plus kinetic energy is conserved.

$$(K + U)_{\text{before}} = (K + U)_{\text{after}}$$

only true for conservative forces

summary so far,

Energy is conserved

$$E_{\text{before}} = E_{\text{after}}$$

$$\text{Potential energy from gravity} = mgh = U$$

$$\text{Kinetic energy} = \frac{1}{2}mv^2 = K$$

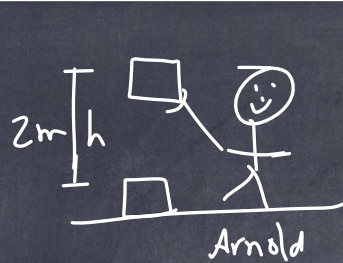
work-energy
theorem

$$W_{\text{TOT}} = \Delta K = \frac{1}{2}mv_f^2 - \frac{1}{2}m_i v_i^2$$

potential energy
+
work relation

$$W = -\Delta U$$

$$W = \int_{s_i}^{s_f} \vec{F} \cdot d\vec{s}$$



$$m = 5 \text{ kg}$$

Consider Arnold again. If he lifts the block with 50 N of force, to a height of 2m, and then let go. How fast will it travel when it hits the ground

Lifting part:

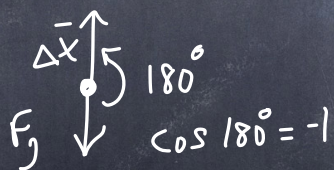


The work of Arnold:

$$W_A = \vec{F}_A \cdot \Delta \vec{x} = F_A \Delta x = F_A h$$

$$= (50 \text{ N})(2 \text{ m}) = 100 \text{ J}$$

2) The work of gravity



$$W_g = \vec{F}_g \cdot \Delta \vec{x} = -F_g \Delta x = -mgh$$

$$= (5 \text{ kg}) \left(10 \frac{\text{m}}{\text{s}^2} \right) (2 \text{ m}) = -100 \text{ J}$$

3) The total work = $W_A + W_g = 100 \text{ J} + (-100 \text{ J})$

$$= 0 \text{ J}$$

The total work is zero, then velocity is zero at top

Now Arnold drops the weight, how fast is it when (just before) it hits the ground?

At top, the block has $U = mgh$
 $K = 0$ ($v=0$)

when he drops it, the potential transforms into kinetic energy.

$$(K+U)_{\text{before}} = (K+U)_{\text{after}}$$

= top = bottom

$$0 + mgh = \frac{1}{2}mv^2 + 0$$

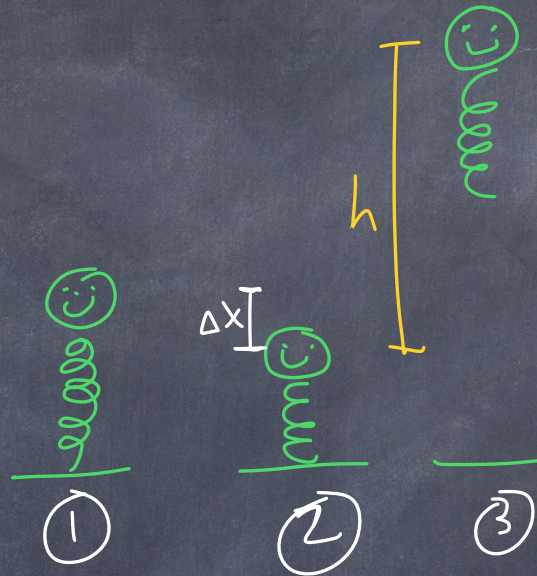
$$mgh = \frac{1}{2}mv^2$$

$$v = \sqrt{2gh} = \sqrt{2\left(\frac{10 \frac{m}{s^2}}{s^2}\right) 2m} = \sqrt{40} \frac{m}{s}$$

$$v = 6.3 \frac{m}{s}$$



How high does the grasshopper jump?



- ① grasshopper just sitting there.
- ② grasshopper compresses spring.
- ③ grasshopper releases spring, jumps a height, h .

Three types of energy here:

U_s : potential energy of spring

U_g : potential energy of gravity

K : kinetic energy



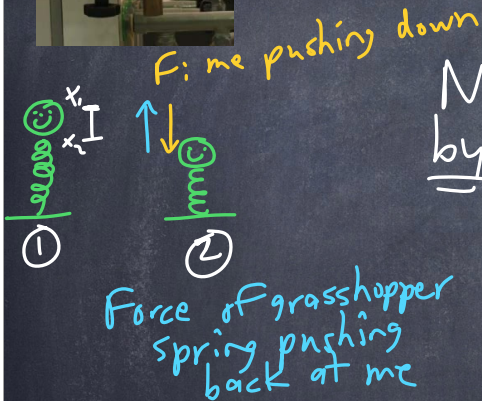
Focus on spring energy, U_s .
 we know the force on a spring:

$$F_s = -k \Delta x \quad (\rightarrow \text{force points opposite the stretching of the spring.})$$

we can measure k :

$$k = \frac{F_s}{\Delta x} = \frac{(2.5 \text{ kg})(9.8 \frac{\text{m}}{\text{s}^2})}{0.04 \text{ m}}$$

Now we calculate work done $= 612.5 \frac{\text{N}}{\text{m}}$
by the spring when we compress it.



$$W = \int_{x_1}^{x_2} \vec{F} \cdot d\vec{x} = \int_{x_1}^{x_2} (-kx) dx$$

Spring does negative work.

$$W = -\frac{1}{2} k x^2 \Big|_{x_1}^{x_2} = -\frac{1}{2} k (\Delta x)^2$$

$$\Delta U_s = -W = \frac{1}{2} k (\Delta x)^2$$

(+) \nearrow means potential spring has increased.